



CERTIFICATE OF COMPOSITION

Zylaria

Natural Sleep Aid

Ref: EFN-VC-022

Serving: 1 Capsule

INGREDIENTS

In descending order by weight

| Ingredient | Per Serving |
|--|-------------|
| Zylaria (Xylaria (Xylaria Nigripes) Mycelia Extract) | 500mg |
| HPMC (hydroxypropyl methylcellulose) Vegetable Capsule Shell | Negligible |

ANALYTICAL RESULTS

| Metric | Result |
|--------|--------|
| N/A | N/A |

Louis Cook

21/03/2025

Louis Cook
Director, Efectiv Nutrition

DATE OF ISSUE

AUTHORISED ON BEHALF OF EFECTIV NUTRITION