



CERTIFICATE OF COMPOSITION

# Sleep

Chamomile Honey

Ref: EFN-VC-008

Serving: 8g

## INGREDIENTS

In descending order by weight

Ingredient	Per Serving
L-Glycine	3000mg
Magnesium Bisglycinate	1750mg
Acidity Regulator (Malic acid)	IP Protected
Lemon Balm Leaf Extract	500mg
Valerian Root Extract	450mg
L-Theanine	250mg
L-Tryptophan	250mg
Flavouring	Negligible
Anti-Caking Agent (Silicon Dioxide)	Negligible
Chamomile Flower Powder	Negligible
Sweetener (Sucralose)	Negligible
Colouring (Beta Carotene, Caramel Colour).	Negligible

## ANALYTICAL RESULTS

Metric	Result
N/A	N/A

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DATE OF ISSUE

AUTHORISED ON BEHALF OF EFECTIV NUTRITION