



CERTIFICATE OF COMPOSITION

# Magnesium

90 Capsules

Ref: EFN-VC-009

Serving: 1 Capsule

## INGREDIENTS

In descending order by weight

Ingredient	Per Serving
Magnesium Bisglycinate	200mg
Magnesium Citrate	200mg
Magnesium Malate	200mg
Vegetable Capsule Shell (Hydroxypropyl Methylcellulose)	Negligible
Flowing Agent (Magnesium Stearate)	Negligible
Anti-Caking Agent (Silicon Dioxide)	Negligible

## ANALYTICAL RESULTS

Metric	Result
N/A	N/A

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DATE OF ISSUE

AUTHORISED ON BEHALF OF EFECTIV NUTRITION